

Newsletter - May 2025

U3A Bass Valley Committee

President: Pam Richmond	Committee Members:
Vice President: Marg Boyer	Geoff Guilfoyle
Treasurer: Glenda Bent	Janet Cobden
Secretary: David Laing	
Minutes Secretary: Di Goeman	

News

The Games Club has met 3 times with 14 members enrolled. Games have included Mahjong, Rummikub and the Ricketty Kate card game.



Book Club B has now met 3 times with great success! There are still some places available. After reading "9 Perfect Strangers" in April, we are now reading "A Gentleman in Moscow". Di Goeman is the leader of this group. Both Games Club and Book Club B will move to the new location of MyLi next to the Vet in Grantville, from May on.

Our presence at the Grantville market on 6 April with a table and a raffle was very successful. Thanks to the hard work of David, Geoff and Janet, and also to Di for organizing, we raised \$200. The committee has decided to put this money towards a U3A banner.

The Tai Chi class is very popular and has grown to 20 members. The Ukelele and Digital Photography are going well and we are hopeful we can introduce a Chair Yoga weekly class at the new MyLi at Grantville using Kanopy and a Smart TV. The Art and Craft and conversation classes are not running at the moment. We are still waiting for a pianist for the Singing for Leisure class.

Christine Dineen will give a presentation on Sunday 18 May 1.30-3pm on the history, flora and fauna of French Island and her journey in writing the book, "French Island A Visitor's Guide", intended as a pocket guide for people who plan to visit the island. She will indicate points of significance on the island. (Western Port Ferries offer senior card holders free travel to French Island on weekends and public holidays.) Copies of her book, including an A3 size map, will be available after the presentation at the launch price of \$20.00 or \$21.50 if using a card.

This is the first in a series of Learning with Locals events planned for this year in collaboration with the Corinella District Community Centre. I hope you can join us for a nice afternoon's entertainment - not to be missed!

U3A Bass Valley & CDCC
proudly present

CHRISTINE DINEEN

History of French Island

an island in isolation



SUNDAY 18 MAY

Corinella District Community Centre

1:30 - 3:00 pm

**gold coin
donation**

**Tea, Coffee
& Biscuits
included**

Christine will be discussing her
best selling book
'French Island A Visitors Guide'
copies available on the day



BASS VALLEY
UNIVERSITY OF THE THIRD AGE



**Corinella and
District
Community
Centre**

Message from the President

In his book "The Way We Are" social psychologist Hugh Mackay points to the decline of community in the 21st century:

"We could be looking for more imaginative ways of encouraging community development - more choirs, dance classes, book clubs, poetry and art classes, adult education groups based in local libraries or underutilised church halls, walking trails and other informal recreational opportunities... anything that makes it easier for us to engage with local neighbourhoods and communities; anything that encourages us to create more social harmony; anything that promotes the sense of belonging."

U3A Bass Valley wants to provide opportunities to get to know each other while trying out a new hobby, to try your hand at something new in a safe environment and share your skills and experience with others. We would love to hear your suggestions about possible courses. Ikebana is on the list.



Volunteers

We are planning a leader's morning tea to discuss ways to support them. Volunteers are the backbone of U3A and offer their services for free.

We currently need people to fill the following spots:

1. A third committee member. This involves attending monthly meetings and occasionally offering to help at special events - a chance to be involved without the responsibility of a position.
2. A pianist or keyboard player to accompany our choir.
3. Someone who can share their skills at Ikebana - you don't need to be an expert, just someone who has done it. We can all learn together.

If you know anyone who might help phone David on 0411 049 708.

Kanopy

Learn a new language or a new recipe. Learn how to play an instrument, or understand investing. Explore history, science, business, life skills, and more, all thanks to The Great Courses on Kanopy!

Did you know that you can access free video tutorials and lectures with your library card? You can also watch a wide range of movies by downloading the Kanopy app - there are many great documentaries there also.

Smell the roses! Take a few moments with your morning coffee to inhale the rich aroma and enjoy the first sip. Sit for a minute outside and watch the light play across the trees. Close your eyes when you are out for dinner for a moment and drink in the ambience. Those acts of presence may help embed the experience of pleasure more deeply in your memory.

Memberships

Most of our courses are now underway: some weekly, some twice a month and some monthly:

- Book Club A - (2-4pm last Tuesday) Jennifer Jansen
- Tai Chi - (9:30-10.30 am Tuesdays) Corinella Hall, Steve Howitt
- Ukelele - (2-4pm 2nd & 4th Sundays) CDCC Allen
- Digital Photography - (usually 10am 3rd Friday) Andrew Keir - starting 28 Feb, 28 Mar
- Games Club - (2-3.30pm 2nd Wednesday) Waterline Library, Grantville (next to Vet)
- Book Club B - (2-3.30pm 3rd Wednesday) Waterline Library, Grantville (next to Vet)

For further information contact our Secretary David Laing on 0411 049 708

Just a reminder to pay your membership if you have not already done so. As a reminder there are 3 ways to join:

1. By paying in person into our account at the Bendigo Bank with the EFTPOS details below (please include your name as a reference).
2. By cash or cheque made out to U3A Bass Valley, directly to your course leader.
3. By completing the membership form on our website at u3abassvalley.com and using online payment.

Our EFTPOS Deposit details are:

BSB 633000 Account No. 132310517

U3A Bass Valley

Bendigo Bank (please include your name as reference)

No matter how you pay your renewal please also complete the membership application form so we know what courses you are interested in. The form is available on our website at u3abassvalley.com under "Membership".

Brain Tickler Mar

Dan can shovel a driveway in 30 minutes and Jay can do it in 20 minutes. How long to clear if they work together?

Last brain tickler:

Charlotte thought of a number, divided it by three, then added four, multiplied the result by two, and finally subtracted twelve. She ended up with the number six. What number did Charlotte think of?

Solution to Charlotte's number

Working backwards step by step:

$6 \rightarrow 18 \rightarrow 9 \rightarrow 5 \rightarrow 15$

Charlotte thought of the number 15.